Plateau Rayleigh instability of soft elastic solids. Effect of compressibility on pre and post bifurcation behavior

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Solid surface tension can deform soft elastic materials at macroscopic length scales. At a critical surface tension, elastocapillary instabilities in soft filaments emerge that resemble the Plateau–Rayleigh (P–R) instabilities in liquids. The experimentally observed P–R instability of soft elastic filaments has been recently investigated via numerical and theoretical approaches. However, these contributions focus on the incompressible limit and preclude the nonlinear Poisson’s ratio effects in materials, for example, compressible hydrogels with Poisson’s ratios that can go as low as 0.1. Moreover, most of the research on the solid P–R instability elaborate on the onset, ignoring the post-bifurcation regime. Here we show that compressibility matters and the form of the assumed compressible strain energy density has a significant effect on the onset and the post-bifurcation behavior of elastic P–R instability. For example, the P–R instability can be entirely suppressed depending on the form of the free energy density and Poisson’s ratio. To this end, we employ a robust and variational elastocapillary formulation and its computer implementation using surface-enriched isogeometric finite elements at finite strains. We use an arclength solver to illustrate both stable-unstable amplitude growth and bifurcation points in the entire equilibrium path. Stability maps are drawn with distinct stable-unstable regions over various shear moduli, surface tensions, fiber radii, and applied stretches for cases ranging from quasi-compressible to fully compressible. The presented elastocapillary model proves to be useful in quantifying the surface and bulk energies in competition at finite strains and expected to help improve mechanical characterization of soft materials with at least one dimension that is on the orders of the elastocapillary lengthscale $l_{\text{solid}} \sim O(\text{nm} – \text{mm})$.

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1. Introduction

It is well-established that the external surface of a continuum body exhibits properties that differ from those of the encased bulk. The influence of the boundary on the material behavior, regardless of its physical nature, is more pronounced at smaller scales due to the increasing surface-to-volume ratio. Additionally, for very soft solids like gels, the surface energy is comparable to elastic bulk energy at macroscopic scales. The energetic competition between the bulk gel and its boundary leads to what is commonly referred to as the elastocapillary effect, which plays an important role in cavitation [1], soft composites behavior [2,3], wetting on soft substrates [4–7], soft contact and adhesion [8,9], fracture [10], capillary bending [11], and pattern formations in nature [12], to name few. Quantification of these surface forces for soft elastic materials is an active research field [13,14]. A seminal study in this area is the work of Mora, et al. [15] that reports experimental evidence of capillary-induced bead formations at thin, gel filaments due to elastic Plateau–Rayleigh (P–R) instabilities. The main objective of this manuscript is to investigate the elastic P–R instabilities in soft solids thereby pre- and post-bifurcation regimes are carefully examined from fully compressible to quasi-incompressible material behaviors. The main ingredients of the work presented here are (i) elastocapillary theory and (ii) elastic Plateau–Rayleigh instability. A brief review of these topics is now given.

1.1. State of the art review of elastocapillary theory

The elastocapillary theory and surface modeling of continua can be traced back to the pioneering works of Laplace, Young and Gibbs. Following Gibbsian thermodynamics and a seminal work of Scriven [16], Gurtin and Murdoch [17] developed a phenomenological surface elasticity model that has been widely adopted for
applications in nanomaterials, see [18–22] among others. The surface elasticity theory assumes that a surface possesses its own tensorial stress which derives from the surface constitutive laws. That is, surface stresses are acquired as energetically conjugated quantities to surface strains since the surface is endowed with its own thermodynamic structure. As a result, capillary effects are intrinsically accounted for in the surface elasticity theory. Surface effects introduce a physical length-scale that is otherwise lacking in classical continuum mechanics since the surface-to-volume ratio is proportional to the inverse of the domain size. Numerous analytical [18–21] and computational [23–25] studies have demonstrated that the size-dependent material response due to surface elasticity is physically meaningful and is also in agreement with atomistic simulations [26–29]. From a computational perspective, the finite element modeling of surface tension for fluids was carried by Saksono and Perić [30,31] for quasi-static and dynamic problems, see also [32]. This formulation is suitable for fluids in that the surface tension is accounted for but the surface elasticity is absent. To address this issue, Yvonnet, et al. [23] introduced surface elasticity into the finite element method for solids though at small strains in two dimensions only. Javili and Steinmann [33,34] developed a finite element framework for continua with boundary energies that accounted for surface elasticity as well as surface tension for two-dimensional [33] and three-dimensional [34] solids at finite deformations. Henann and Bertoldi [35] employed this framework and established a numerical procedure appropriate for modeling elastocapillary phenomena using the commercial finite element (FE) package Abaqus and studied a variety of problems, see also [36]. A similar approach was adopted by Mora, et al. [37] and an ad-hoc numerical code using the FEniCS finite element library has been provided. He and Park [38] presented a computational methodology to capture elastocapillary, essentially equivalent to the classical Young–Laplace model, that could be readily incorporated to commercial FE packages such as ANSYS and COMSOL, see also [39].

The surface elasticity theory has experienced a prolific growth in the past two decades [40] and the aforementioned contributions are only given as a few examples among many others. This resurgence of interest in the mechanics of solid surfaces can be largely attributed to the increasing number of applications involving nanoscale structures and soft solids such as gels. From a theoretical standpoint also various extensions of the surface elasticity theory have also been proposed. For example, Steigmann and Ogden [41] extended the theory to account for the flexural resistance of the surface against the changes of its curvature. Another important extension is the interface elasticity theory [42, 43] leading to thermo-mechanical interfaces [22,44] and general interface models [45–47]. Also, surface viscoelasticity has drawn a considerable attention and recently studied in [48–52].

Here, we employ a variational elastocapillary theory at finite deformations in that the Young–Laplace equation does not explicitly appear in the governing equations. More precisely, unlike the commonly accepted approach that introduces the surface tension in an ad-hoc manner via an external force on the surface, we capture the surface tension via its energy representation as a constant energy density per surface area in the spatial configuration. This subtle point allows for a more elegant approach to P–R instability wherein only internal energy densities enter into the picture. This approach is particularly useful from a computational perspective in that it furnishes an appropriate framework for the problem at hand and the nonlinear stability analysis for the P–R problem.

1.2. State of the art review of solid Plateau–Rayleigh instability

Capillary forces can trigger P–R instability in both fluids and soft solids. In fluids, surface tension overwhelms cylindrical liquid columns and causes surface undulations with a well-defined wavelength along its length, creating a periodic pattern. Eventually, the resulting waves in the liquid column grow and break up into regularly spaced spherical droplets [53]. From an energetic consideration, this column-to-droplet transition is due to the vanishing shear resistance of the bulk fluid, which facilitates a final configuration with minimal surface area attained under constant volume, i.e. a sphere formation [54]. In the case of soft solids, the bulk elasticity will resist the surface tension, playing a fundamental role in solid P–R instability characteristics [55,56]. For example, Mora, et al. (2010) have given the first experimental evidence of solid P–R instability, demonstrating that agar gel fibers form cylindrical bead patterns (contrary to spherical beads in fluid jets) without complete breakup [15]. The energetic competition between bulk elastic deformations and capillary action determines the equilibrium pattern. This competition can be quantified through a characteristic length scale, conceptually \( \ell = \gamma / \mu \), where \( \gamma \) is the surface tension constant and \( \mu \) is the bulk shear modulus. For example, in stiff materials (\( \mu \sim \text{MPa} \)), the dimension of length \( \ell \) ranges in the order of nanometers; consequently the bulk elasticity overwhelms the material behavior at macroscopic scales. On the other hand, for soft solids (\( \mu \sim \text{Pa} \)), surface tension can dominate the overall deformations in balance with the bulk elasticity at relatively larger length scales, i.e., \( \ell \sim \text{mm} \), for example, see \([37,57]\).

The solid P–R instability has been investigated using numerical and theoretical approaches. Mora, et al. (2010) performed a linear stability analysis for a slender elastic fiber, successfully predicting the bifurcation-onset strain in close match their experiments [15]. Performing a weakly nonlinear stability analysis using hyperelastic solid models, Tartefanti and Canetta (2015) concluded that two dimensionless parameters (i) the axial stretch and (ii) the elastocapillary ratio \( \ell / R \), control the onset and the amplitude growth, where \( R \) is the radius of the soft fiber [58,59]. Further investigations, including recent nonlinear finite element simulations accounting for capillary forces, are carried out to elucidate the effect of electric field [39], active surface contraction [60], growth and swelling [61,62], and hollow tube geometry [35,63–65] in P–R instability. Such approaches, however, have failed to quantify the selection of wave number (or pattern) at the bifurcation-onset. In contrast to the experimental findings, the existing methods employing quasi-static stability analysis predict infinite-wavelength for the pattern, suggesting global deformations rather than periodic waves [66,67]. Recently, Pandey, et al. (2020) performed a dynamic analysis using hyperelastic solids, indicating that the pattern selection, i.e., the critical wavelength of cylinder-like formations, is due to a dynamical process, similar to the selection of bead size in fluid P–R instabilities [68].

In the post-instability regime, fully nonlinear FE analysis predicts that solid column deforms into cylinders with two distinct radii connected by a transition region with a finite width [69], in a close analogy to phase-separation-like behavior of inflating hyperelastic, cylindrical balloons [70,71]. Surprisingly, both cylinder radii remain constant under increasing end stretches over several hundred percent strains [69]. Another fundamental difference of P–R instabilities in fluids and solids is that, while fluid beading develops as a supercritical (continuous) bifurcation, its solid counterpart, in general, demonstrates a subcritical (discontinuous) behavior [59,66,67]. Recent work have derived efficient, one-dimensional models closely matching onset and amplitude evolution predicted by nonlinear finite element simulations and weakly nonlinear analysis, even at localized deformations far
away from the onset [72]. However, most studies in the field of solid P–R problem have so far only focused on truly incompressible elastic cylinders and, in particular, on the onset of the instability. Very recently, Tamim and Bostwick (2021) performed stability analysis assuming small strains for a compressible viscoelastic material concluding that, while viscous effects stabilize the P–R instability, compressibility destabilizes as it promotes an earlier bifurcation-onset [73].

1.3. Key features and novelties

Compared to earlier works on the topic, to the best of our knowledge, there are several important areas and conclusions where this study makes an original contribution to. In summary, the key features and contributions of the manuscript are:

- to study Plateau–Rayleigh instabilities of compressible soft solids. Thereby, we illustrate that compressibility matters and, unlike the incompressibility limit, the form of the neo-Hookean free energy density matters when the compressibility is accounted for,
- to show that – unlike the incompressibility limit – Plateau–Rayleigh instabilities can be avoided altogether for compressible soft solids depending on the amount of stretch, Poisson’s ratio and the form of the free energy density,
- to present the full equilibrium path, including stable-unstable states, of solid Plateau–Rayleigh instabilities using an arc-length method, for the first time.

1.4. Notation and definitions

Direct notation is adopted throughout. Occasional use is made of index notation, the summation convention for repeated indices being implied. The scalar product of two vectors \( \mathbf{a} \) and \( \mathbf{b} \) is denoted \( \mathbf{a} \cdot \mathbf{b} = [a]_i [b]_i \). The scalar product of two second-order tensors \( \mathbf{A} \) and \( \mathbf{B} \) is denoted \( \mathbf{A} : \mathbf{B} = [A]_{ij} [B]_{ij} \). The composition of two second-order tensors \( \mathbf{A} \) and \( \mathbf{B} \), denoted \( \mathbf{A} \cdot \mathbf{B} \), is a second-order tensor with components \( [\mathbf{A} \cdot \mathbf{B}]_{ij} = [\mathbf{A}]_{ik} [\mathbf{B}]_{kj} \). The surface quantities are distinguished from their bulk counterparts by an accent on top. That is, quantities or operators \( \mathbf{\hat{a}} \) are the surface counterparts of the bulk quantity or operator \( \mathbf{a} \), respectively, unless specified otherwise. The fourth-order identity tensor is denoted as \( \mathbb{I} \). Similarly, other fourth-order constitutive tensors are also written with the same font, such as \( \mathbf{A} \) for the fourth-order tangent tensor. The tensor product of two second-order tensors \( \mathbf{A} \) and \( \mathbf{B} \) is a fourth-order tensor \( \mathbf{D} = \mathbf{A} \otimes \mathbf{B} \) with \( [\mathbf{D}]_{ijkl} = [\mathbf{A}]_{ij} [\mathbf{B}]_{kl} \). The two non-standard tensor products of second-order tensors \( \mathbf{A} \) and \( \mathbf{B} \) are the fourth-order tensors \( [\mathbf{A} \hat{\otimes} \mathbf{B}]_{ijkl} = A_{ij} B_{kl} \) and \( [\hat{\mathbf{A}} \otimes \mathbf{B}]_{ijkl} = A_{ik} B_{jk} \).

1.5. Organization of the manuscript

This manuscript is organized as follows. Section 2 lays the theoretical foundation for the study. First, the kinematics of the problem is formulated and the key concepts of differential geometry required to describe the boundary motion are briefly reviewed in Section 2.1 followed by a generic three-dimensional framework suitable for a surface tension theory that is concisely introduced in Section 2.2. The connection to Plateau–Rayleigh instabilities is established via an eigenvalue analysis in Section 2.3. Thanks to the variational approach, the governing equations naturally emerge in their weak forms that are immediately suitable for computational implementation elaborated in Section 2.4. In particular, isogeometric analysis [74] is utilized since it inherently and elegantly accounts for the boundary. The developed framework and its utility to capture P–R instabilities is elucidated via a series of numerical examples in Section 3. The numerical examples are devised such that both computational and physical aspects of the problem are covered. We thoroughly investigate the onset of instabilities as well as post-bifurcation behavior of compressible soft solids. Section 4 concludes this work and provides an outlook for future work.

2. Theory

The objective of this section is to establish the governing equations of elasticity at finite deformations accounting for surface tension, wherein the boundary of a body is endowed with its own free energy density. We provide a formulation such that the governing equations will be established in their integral forms immediately suited for computational implementation. Another feature of the current approach is that the kinematic measures are formulated in a unified and consistent manner fitting to IGA.

2.1. Preliminaries

Consider the deformation of a continuum body, as illustrated in Fig. 1 that occupies the material configuration \( \mathcal{B}_0 \subset \mathbb{R}^3 \) at time \( t = 0 \) that is mapped to the spatial configuration \( \mathcal{B}_t \subset \mathbb{R}^3 \) at any time \( t > 0 \) via the nonlinear deformation map \( \varphi \) as

\[
\mathbf{x} = \varphi(\mathbf{X}, t) : \mathcal{B}_0 \times \mathbb{R}_+ \rightarrow \mathcal{B}_t, \\
\hat{\mathbf{x}} = \varphi(\hat{\mathbf{X}}, t) : \mathcal{B}_0 \times \mathbb{R}_+ \rightarrow \mathcal{B}_t, 
\]

with \( \mathbf{X} \) and \( \mathbf{x} \) identifying points in the material and spatial configurations, respectively. According to our convention, the surface quantities are denoted as \( \mathbf{\hat{a}} \). That is, the placement of particles on the surface are labeled \( \hat{\mathbf{X}} \) and \( \hat{\mathbf{x}} \) in the material and spatial configurations, respectively, such that \( \mathbf{X} = \mathbf{X} \mid \mathcal{B}_0 \) and \( \hat{\mathbf{x}} = \mathbf{x} \mid \mathcal{B}_t \), where \( \mathcal{B}_0 := \partial \mathcal{B}_0 \) and \( \mathcal{B}_t := \partial \mathcal{B}_t \). The boundary is material in the sense that the boundary is convected with the domain and remains perfectly bonded to the bulk throughout deformations. The deformation gradient in the bulk, denoted \( \mathbf{F} := \text{Grad} \varphi \), is a...
linear deformation map that relates an infinitesimal line element $d\mathbf{X} \in T_{0} \mathcal{B}_0$ to its spatial counterpart $d\mathbf{x} \in T_{\partial} \mathcal{B}_1$ via the relation $d\mathbf{x} = \mathbf{F} \cdot d\mathbf{X}$ and therefore $\mathbf{F} = \nabla_{0} \otimes \nabla_{1}$ with its inverse defined as $\mathbf{f} := \nabla_{0} \otimes \nabla_{1}'$ where $\nabla_{0}'$ are the contravariant basis vectors in the material configuration. The contravariant vectors $\nabla_{0}'$ and $\nabla_{1}'$ form a dual basis to the covariant (natural) basis $\nabla_{0}$ and $\nabla_{1}$, in the material and spatial configurations, respectively. That is $\nabla_{0}' := \partial X/\partial \xi^i$ and $\nabla_{1}' := \partial x/\partial \xi^i$ such that $\nabla_{0} \cdot \nabla_{1}' = \delta^i_j$ and $\nabla_{1} \cdot \nabla_{0}' = \delta^i_j$, where $\delta^i_j$ is the Kronecker delta. The properties $\mathbf{F} \cdot \mathbf{f} = \mathbf{I}$ and $\mathbf{f} \cdot \mathbf{F} = \mathbf{I}$ hold with $\mathbf{I}$ and $\mathbf{i}$ being the (mixed-variant) bulk identity tensors in the material and spatial configurations, respectively, as $\mathbf{I} := \nabla_{0} \otimes \nabla_{1}$ and $\mathbf{i} := \nabla_{1} \otimes \nabla_{0}$.

The surface $\mathcal{B}_0$ or $\mathcal{B}_1$ in the material or spatial configurations, respectively, is a two-dimensional manifold in the three-dimensional space $\mathbb{R}^3$ that can be parametrized in terms of two surface (curvilinear) coordinates $\xi^i$. The corresponding tangent vectors to the surface coordinate lines $\xi^i$ are the covariant (natural) surface basis vectors $\nabla_{0}$, and the surface deformation gradient rea $\mathbf{d}\mathbf{F} := \nabla_{0} \otimes \nabla_{0}'$ with its inverse $\mathbf{d}\mathbf{f} := \nabla_{0}' \otimes \nabla_{0}$ possessing the properties $\mathbf{F} \cdot \mathbf{d}\mathbf{f} = \mathbf{I}$ and $\mathbf{d}\mathbf{f} \cdot \mathbf{F} = \mathbf{I}$ with $\mathbf{I}$ and $\mathbf{i}$ being the surface identity tensors in the material and spatial configurations, respectively. The surface contravariant vectors $\nabla_{0}'$ and $\nabla_{1}'$ form a dual basis to the covariant (natural) basis $\nabla_{0}$ and $\nabla_{1}'$, in the material and spatial configurations, respectively. That is $\nabla_{0} \cdot \nabla_{1}' = \delta^i_j$ and $\nabla_{1}' \cdot \nabla_{0}' = \delta^i_j$. Similarly to the bulk, we define the surface deformation gradient $\mathbf{F}$ as the linear map between the infinitesimal line element $d\mathbf{X} \in T_{0} \mathcal{B}_0$ and $d\mathbf{x} \in T_{\partial} \mathcal{B}_1$ with $d\mathbf{x} = \mathbf{F} \cdot d\mathbf{X}$. In contrast to the bulk, the surface identities $\mathbf{I}$ and $\mathbf{i}$ are not equal since $\mathbf{I} := \nabla_{0} \otimes \nabla_{0}' = I - \mathbf{N} \otimes \mathbf{N}$ and $\mathbf{i} := \nabla_{0}' \otimes \nabla_{0} = I - \mathbf{n} \otimes \mathbf{n}$ where $\mathbf{N}$ and $\mathbf{n}$ denote the unit vector orthogonal to the surface in the material and spatial configurations, respectively. The ratios of area elements in the spatial over the material configuration is defined by $\hat{J}$, as $d\hat{A} := da/da$ which is the surface determinant of $\mathbf{F}$ though, in contrast to the bulk, $\mathbf{F}$ is rank-deficient and thus, its determinant is non-standard.

2.2. Generic framework accounting for elastocapillary

The objective of this section is to derive the governing equations of a continuum body accounting for surface tension in a variationally consistent framework such that (i) it immediately allows for an elegant axi-symmetric formulation, devoid of external contributions and (ii) it intrinsically results in governing equations in their (weak) integral form directly suitable for computational implementation in that Young–Laplace equation does not explicitly appear throughout the manuscript. This advantage is significant since the surface curvature and surface divergence operator remain embedded in the framework without emerging in the derivations. In addition, the variational approach here paves the way to extending the proposed framework to higher-gradient continua e.g. accounting for the flexural resistance of the surface. In order to obtain the governing equations, the total energy functional is minimized. The total energy functional $\Psi^{\text{tot}}$ consists of the internal and external contributions denoted $\Psi^{\text{int}}$ and $\Psi^{\text{ext}}$, respectively. To minimize $\Psi^{\text{tot}}$, its first variation is set to zero

$$\Psi^{\text{tot}} = \Psi^{\text{int}} + \Psi^{\text{ext}} = 0,$$

such that $\delta \Psi^{\text{tot}} = \delta \Psi^{\text{int}} + \delta \Psi^{\text{ext}} = 0$. The (incremental) external energy here $\Psi^{\text{ext}}$ is essentially minus (incremental) working. That is

$$\delta \Psi^{\text{ext}} = -\delta \mathcal{W}, \quad \delta \mathcal{W} = \int_{\partial \mathcal{B}_0} \mathbf{b}_0 \cdot \delta \mathbf{u} d\mathbf{V} + \int_{\partial \mathcal{B}_0} \mathbf{t}_0 \cdot \delta \mathbf{u} d\mathbf{A},$$

in which $\mathcal{W}$ denotes working. Also, $\mathbf{b}_0$ and $\mathbf{t}_0$ are the external body force density and surface force density in the material configuration, respectively. The arbitrary variation of motion, denoted as $\delta \mathbf{u}$, is a vector-valued test function $\delta \mathbf{u} \in \mathcal{H}_0^1(\partial \mathcal{B}_0)$ that is vanishing where Dirichlet-type boundary conditions are imposed. This subtle detail plays a crucial role in the current contribution in that it makes $\delta \Psi^{\text{ext}}$ identically vanish. More specifically, for the problem of interest here, shown in Fig. 2, the external body forces are zero and therefore the first integral in Eq. (3) vanishes identically. Thus, the working $\mathcal{W}$ only depends on the external traction $\mathbf{t}_0$. Nonetheless, the second integral in Eq. (3) vanishes too, since (i) $\delta \mathbf{u}$ is zero where displacements are prescribed on the two ends of the domain and (ii) $\mathbf{t}_0$ is zero everywhere that a Neumann-type boundary condition is imposed. The latter immediately follows from the fact that here, the surface tension is not treated on ad-hoc basis via an externally prescribed traction on the surface, but instead, it is captured within the internal energy density of the surface. Henceforth, we impose $\delta \Psi^{\text{ext}} = 0$ throughout the derivations, and therefore we focus on the internal energy variation $\delta \Psi^{\text{int}}$ only. The internal energy $\Psi^{\text{int}}$ is composed of bulk and surface contributions. Let $\psi$ denote the bulk free energy density per volume in the material configuration and $\psi^{\text{s}}$ denote the surface free energy density per area in the spatial configuration. Therefore, $\Psi^{\text{int}}$ reads

$$\Psi^{\text{int}} = \int_{\partial \mathcal{B}_0} \psi d\mathbf{V} + \int_{\partial \mathcal{B}_0} \psi^{\text{s}} d\mathbf{A}.$$  

Therefore, from a variational perspective, equilibrium for the current problem reduces to

$$\delta \Psi^{\text{int}} = \int_{\partial \mathcal{B}_0} \delta \psi d\mathbf{V} + \int_{\partial \mathcal{B}_0} \delta \psi^{\text{s}} d\mathbf{A} = 0, $$

Fig. 2. Geometry of the domain in the material (left) and spatial (right) configurations.
which immediately yields
\[ \int_{\partial \Omega} \frac{\partial \psi}{\partial \phi} \cdot \delta \phi \, dV + \int_{\partial \Omega} \frac{\partial \psi}{\partial \phi} \cdot \delta \phi \, dA = 0 \quad \forall \delta \phi \in H^1(\partial \Omega). \tag{6} \]

The arbitrary motion variations \( \delta \phi \) in the context of IGA can be expressed in their discretized form as \( \delta \phi = N^i \delta \phi^i \), with \( N^i \) being the (NURBS) shape function associated with the control point \( i \). Due to the arbitrariness of \( \delta \phi \), Eq. (6) can be formally expressed as \( \mathbf{R} \cdot \delta \phi^i = 0 \) for all arbitrary \( \delta \phi^i \) which immediately implies \( \mathbf{R}' = 0 \) with \( \mathbf{R}' = \mathbf{AR}' \). Here \( \mathbf{R}' \) the point-wise residual at point \( i \) associated with its global number \( I \) and \( \mathbf{A} \) is the assembly operator. That is, we seek for the solutions of
\[ \mathbf{R}' = 0 \quad \text{with} \quad \mathbf{R}' := \int_{\partial \Omega} \frac{\partial \psi}{\partial \phi} \, dV + \int_{\partial \Omega} \frac{\partial \psi}{\partial \phi} \, dA. \tag{7} \]

The residual vector is obviously composed of the residuals in the bulk and the residuals on the surface. Eq. (7) is the point of departure for the remaining discussions. Note that Eq. (7) is essentially a nonlinear system of equations composed of DOFs relations, with DOFs being the number of degrees of freedom. For nonlinear problems at large deformations, the deformation is computed incrementally. To solve the nonlinear system of Eqs. (7), at each increment, an iterative Newton–Raphson scheme is utilized. In doing so, the global residual \( \mathbf{R} \) is set to zero at (the end of) each increment. Therefore, the consistent linearization of the resulting system of equations at any iteration \( k \), reads
\[ \mathbf{R}'(\psi_{k+1}) = 0 \quad \text{and} \quad \mathbf{R}'(\psi_{k+1}) = \mathbf{R}'(\psi_k) + \mathbf{K}'(\psi_k) \cdot \Delta \psi_k = 0, \tag{8} \]

where \( \mathbf{K}' := \partial \mathbf{R}' / \partial \phi \) is the tangent stiffness at any \( \psi_k \). Then the global deformation is updated at each iteration according to \( \psi_{k+1} = \psi_k + \Delta \psi_k \) until the norm of the residual vector reaches zero, numerically speaking.

2.3. Plateau–Rayleigh instabilities

The procedure to capture P–R instabilities in the manuscript relies on an eigenvalues analysis. In doing so, at each increment an eigenvalue analysis is carried out on the stiffness \( \mathbf{K} \). Plateau–Rayleigh instabilities occur as soon as the stiffness matrix loses its positive-definiteness, which is equivalently captured when at least one eigenvalue of \( \mathbf{K} \) becomes smaller or equal to zero. The eigenvector corresponding to the negative eigenvalue shows the associated instability mode. Note that on the onset of P–R instability, we expect at least one eigenvalue to become negative but we observe multiple negative eigenvalues as we progress further in the unstable regime. Fig. 3 clearly shows how the onset of P–R instability can be identified from the eigenvalues of the stiffness \( \mathbf{K} \), for any prescribed stretch on the domain. For any prescribed stretch \( \lambda \), the critical value for \( \Gamma := \gamma / \mu R \) corresponds to the first instance of observing an eigenvalue smaller or equal to zero. Note that in this particular example, for and the sake of clarity, we preclude post-bifurcation behavior via suppressing the perturbations. The simulations correspond to nearly incompressible neo-Hookean hyperelastic solids, commonly studied in the literature on the subject.

Fig. 3. Relationship between the eigenvalues of the stiffness \( \mathbf{K} \) and the onset of P–R instability. For any prescribed stretch \( \lambda \), the critical value for \( \Gamma := \gamma / \mu R \) corresponds to the first instance of observing an eigenvalue smaller or equal to zero. Note that in this particular example, and for the sake of clarity, we preclude post-bifurcation behavior via suppressing the perturbations. The simulations correspond to nearly incompressible neo-Hookean hyperelastic solids, commonly studied in the literature on the subject.
configuration is constant and coincides with the surface tension \( \hat{\gamma} \), the surface free energy density simply reads
\[
\psi(F) = \frac{1}{2} \lambda (F - 3 - 2\log J) + \frac{1}{2} \lambda (J^2 - 1) - \log J.
\]

\[
P := \frac{\partial \psi}{\partial F} = \mu (F - F^{-1}) + \frac{1}{2} \lambda (J^2 - 1) - F^{-1}.
\]

\[
\Delta := \frac{\partial P}{\partial F} = \mu [H + G] - \frac{1}{2} \lambda (J^2 - 1) G + \lambda J^{2} E.
\]

Table 1
The quadratic free energy density \([9]\) together with its corresponding first and second derivatives with respect to \( F \).

\[
\psi(F) = \frac{1}{2} \mu [F : F - 3 - 2\log J] + \frac{1}{2} \lambda (J^2 - 1) - \log J.
\]

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Table 2
The logarithmic free energy density \([9]\) together with its corresponding first and second derivatives with respect to \( F \).

\[
\psi(F) = \frac{1}{2} \mu [F : F - 3 - 2\log J] + \frac{1}{2} \lambda \log^2 J.
\]

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Fig. 4. Comparing the penalty term of free energy densities (9) to have a meaningful comparison, \( \mu = 0 \) is assumed for all the energies.

Fig. 4. Comparing the penalty term of free energy densities (9) to have a meaningful comparison, \( \mu = 0 \) is assumed for all the energies.

and, the higher-order b-spline basis functions, i.e., with \( p > 0 \), are constructed using

\[
N_{i,p}(\xi) = \frac{\xi - \xi_i}{\xi_{i+p} - \xi_i} N_{i+p-1}(\xi) + \frac{\xi_{i+p+1} - \xi}{\xi_{i+p+1} - \xi_{i+1}} N_{i+1,p-1}(\xi).
\]

A B-spline curve \( \mathcal{C} \) of order \( p \) can be represented via linear combinations of \( N_{i,p}(\xi) \) with coefficients stored in a matrix \( \mathbf{B} \) (of \( \mathbb{R}^{n \times d} \)), also referred to as the control points, using

\[
\mathcal{C}(\xi) = \sum_{i=1}^{n} N_{i,p}(\xi) \mathbf{B}_{i}, \quad \text{with } \mathbf{B}_{i} \in \mathbb{R}^{d \times 1}.
\]

Table 2
The logarithmic free energy density \([9]\) together with its corresponding first and second derivatives with respect to \( F \).

\[
\psi(F) = \frac{1}{2} \mu [F : F - 3 - 2\log J] + \frac{1}{2} \lambda \log^2 J.
\]

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A b-spline surface can be constructed using the knot vector \( \Xi = (\xi_{1}, \xi_{2}, \ldots, \xi_{m+1}) \) with the polynomial order \( p \) and the knot vector \( H = (\eta_{1}, \eta_{2}, \ldots, \eta_{n+1}) \) with the polynomial order \( q \). The surface \( \mathcal{C}(\xi, \eta) \) is then represented as the product of the univariate b-splines

\[
\mathcal{C}(\xi, \eta) = \sum_{i=1}^{m} \sum_{j=1}^{n} N_{i,p}(\xi) N_{j,q}(\eta) \mathbf{B}_{i,j},
\]

2.4. Isogeometric formulation and discretization

In this section, we provide a brief overview of b-splines, which are standard for smooth representation of geometries in computer-aided design and computer graphics software, and their implementation for bulk-boundary coupled axisymmetric discretization using isogeometric finite element analysis (IGA). To define the \( p \)th b-spline function \( N_{i,p} \) of polynomial degree \( p \), consider a non-decreasing set of real numbers in the knot vector \( \Xi = (\xi_{1}, \xi_{2}, \ldots, \xi_{n+1}) \), where \( n \) denotes the total number of basis functions. Using the know vector \( \Xi \), b-spline basis functions are formed starting with the lowest degree \( p = 0 \) [piecewise constants] \([75,76]\)

\[
N_{i,0}(\xi) = \begin{cases} 1 & \text{if } \xi_{i} \leq \xi < \xi_{i+1}, \\ 0 & \text{otherwise}. \end{cases}
\]
calculation of surface curvature tensor requires solving higher order equations and demands at least \( c^1 \)-continuity of the spatial discretization that can be readily achieved in IGA.

3. Results and discussions

For the incompressible limit, only volume preserving deformations in bulk are permissible, excluding the behaviors of a large class of compressible materials and their associated P–R instability, e.g., see [77] for compressible behavior of hydrogels at relevant length-scales. The objective of this section is to quantify the role of compressibility on the onset and the post-bifurcation behaviors for the solid P–R instability. First, we carry out an in-depth instability analysis of onset for the solid cylinder subjected to an increasing surface tension \( \gamma \) and applied end-stretches \( \lambda_1 \) in Section 3.1. In this section, we present stability maps for stable-unstable behaviors considering two commonly used compressible strain energy functional, logarithmic- and quadratic-type, detailed in Eq. (9), over a range of (instantaneous) Poisson’s ratios. Next, in Section 3.2, we focus on the post-instability behaviors and track the bifurcated branches after the onset using an arc-length-based numerical methodology. Although dynamic solutions [69] exist capturing the post-instability behavior, the full equilibrium path with stable-unstable branches have not been presented before. Our results clearly show the discontinuous nature of the instability, requiring the boundary to relax so as to follow the snap-back path.

Prior to and after the onset of the P–R instability, the deformations remain axisymmetric. The axial section of the cylinder and the boundary conditions are shown in Fig. 2. The cylinder geometry has dimensions of \( R = 1 \) and \( L = 40 \). The end boundaries of the geometry is constrained in the longitudinal direction, but free to move in the radial direction. We discretize this domain and its boundary with quadratic \( C^1 \)-continuous B-spline elements. We first form the coarsest mesh, i.e., a single element, using the open knot vectors \( S = [0, 0, 0, 1, 1] \) and \( T = [0, 0, 0, 1, 1, 1] \) and the polynomial degrees \( p = q = 2 \). Then, we perform uniform knot insertions (h-refinement) to obtain \( 25 \times 1000 \) \( C^1 \)-continuous axisymmetric bulk elements. The surface is directly partitioned from the bulk discretization with a matching curve parameterization. To this end, we construct \( 1000 \) \( C^1 \)-continuous axisymmetric surface elements. In our simulations, the bulk material has the shear modulus \( \mu = 1 \) and we define the (dimensionless) elastocapillary number \( \Gamma := \gamma / \mu R \) for later results. In the numerical simulations, depending on the study of interest, we either apply surface tension \( \gamma \) at fixed end-stretches or apply end-stretches at fixed surface tension.

3.1. Effect of compressibility on the onset of the solid P–R instability

In this section, we quantify the critical conditions for the mechanical stability of the compressible cylindrical employing two different compressible strain energy functionals for various Poisson’s ratios. We first apply a pre-stretch \( \lambda_2 \) to the cylinder in the longitudinal direction. Then, the surface tension on the boundary is increased until the onset of the instability. Fig. 5 illustrates our numerical results pinpointing the critical surface tension \( \gamma \) at fixed end-stretches \( \lambda_2 \in [0.6, 4] \) for the range of Poisson’s ratio \( \nu \in [0, 0.499] \). What stands out in this figure is the dominant effect of compressibility, i.e., both the Poisson’s ratio as well as the type of compressible constitutive relations. Toward the incompressible limit, our results (e.g., for \( \nu = 0.499 \)), as expected, approach the reported theoretical solution for an incompressible solid cylinder [58] (with \( L_{ec}/R = 40 \)). This observation is valid for both strain energy densities of logarithmic-type (Fig. 5A) and quadratic-type (Fig. 5B). As the Poisson’s ratio decreases, \( \nu \rightarrow 0 \), and the bulk becomes increasingly compressible, the solid cylinder remains stable at large stretches. Interestingly, using the quadratic-type strain energy model, we observe that the solid cylinder remains stable in parts where the simulations using logarithmic-type strain energy predicts P–R instability. This emphasizes on the importance of the proper selection of the volumetric part of the energy functional to study the P–R instability in compressible materials. At the compressible limit, both logarithmic- and quadratic-type strain energies display a closely matching behavior. Closer inspection of Fig. 5 shows that, for fully compressible cylinders, the solid P–R instability is suppressed for the applied end-stretches \( \lambda_2 \leq 1 \) for both logarithmic- and quadratic-type energy functional.

For each critical curve in Fig. 5, there exist a minimum critical elastocapillary number \( \Gamma_{crit} \), below which the cylinder remains stable independent of the applied overall stretch. There also exist a stretch \( \lambda_1 \) that corresponds to the minimum critical \( \Gamma_{crit} \). To this end, Fig. 6A&B illustrate the minimum critical \( \Gamma \) and the corresponding end-stretch \( \lambda_1 \), respectively, over a range of compressibility, i.e., Poisson’s ratio, for both logarithmic- and quadratic-type strain energy densities. For both energy types, we observe a decrease in the minimum critical \( \Gamma \) as the Poisson’s ratio decreases. This behavior can be considered as a destabilizing effect of compressibility. The minimum critical \( \Gamma \) is located at \( (\lambda_1, \Gamma_{crit}) = (2^{1/3}, \sqrt{32}) \) for a truly incompressible material, as predicted by weakly nonlinear stability analysis [58,67]. Importantly, a sharp decrease in the critical \( \Gamma \) is observed in the quasi-compressible region where \( \nu \in [0.4, 0.499] \). For the quadratic-type energy, the sharp decrease further continues and it reaches a plateau at compressible regime (\( \nu < 0.3 \)). At the fully compressible limit, both strain energy types coincide at
Fig. 6. The minimum points in each critical stability curve is determined over the range of compressibility. The shaded area corresponds to the unstable P–R behavior. (A) Minimum critical elastocapillary number \( \Gamma \) for different Poisson’s ratios is illustrated. (B) The corresponding applied stretch values can be compressive or tensile to achieve the minimum critical \( \Gamma \).

Fig. 7. Compressibility has a pronounced effect on the onset of P–R instability. (A) The critical \( \Gamma \) over Poisson’s ratios \( \nu \in [0, 0.499] \) is shown for fixed boundaries, i.e., no-stretch case \( \lambda L = 1 \). (B) The deformed geometry is plotted just before the instability initiates, i.e., at the onset. The contraction in the lateral direction is due to the increasing surface tension. At the onset, the critical eigenvalue–eigenvector pair is obtained for the minimum eigenvalue \( \lambda_{\text{eig}} \approx 10^{-12} \). This is a qualitatively representative behavior for all other critical points.

\( (\lambda_L, \Gamma_{\text{crit}}) \approx (0.64, 4.11) \). This is expected because the penalty term of free energy densities vanishes since the Lamé parameter \( \lambda = 0 \). Hence, the overall energy densities in Eq. (9) recover the same form for both the logarithmic- and the quadratic-types. For the corresponding applied pre-stretches shown in Fig. 6B, we observe a steady decrease from 26% stretch at the incompressibility limit to 36% compression for at the fully compressible limit for both energy density types.

Let us now consider the case where \( \lambda_L = 1 \) (no applied-stretch) and study the stability of the compressible solid cylinder subjected to an increasing surface tension. The stability map of the cylinder is illustrated in Fig. 7 for both quadratic- and logarithmic-type strain energies for various Poisson’s ratio. The critical curves divide the parameter space into two distinct regions: stable and unstable (shaded area). Again, at the incompressibility limit, we approach the theoretical solution of \( \Gamma = 6 \) reported in [15,58]. As the domain becomes compressible, the critical \( \Gamma \) first decreases reaching a minimum and then sharply increases.

The results of this investigation show that compressibility can have both stabilizing and destabilizing effect on the onset of P–R instability at fixed stretches. Toward the fully compressible regime, the required surface tension to trigger the P–R instability becomes far too large. This can be explained by the fact that the P–R instability is due to a competition between the bulk and surface energies. The surface tension applied on the boundary will deform the cylinder so as to minimize its surface area at fixed stretches by shrinking the radius in the radial direction (see Fig. 7B). This deformation causes mainly a volumetric change in the bulk. However, for fully compressible materials, the bulk shows no resistance against the surface-induced forces and shrinks uniformly to a thinner cylinder so as to minimize the surface area. This explains why the P–R instability is suppressed for fully compressible case at a fixed stretch. We have elucidated the influence of compressibility on the onset of P–R instabilities.

Moving forward, we illustrate the effect of compressibility on the post-instability quantities.

3.2. Post-instability behavior of compressible P–R instability

So far our analysis has only determined the onset of the instability, resulting in critical curves shown in Figs. 5–7. In this section, we characterize the type of bifurcations and also quantify the evolution of the instability beyond the critical points, from uniform cylinder geometry to the fully developed, beaded state. Recent theoretical studies [66] show that the solid P–R problem demonstrates a snap-through instability under increasing surface tension. This behavior is associated with the softening of reaction forces, leading to non-convex force–displacement curves. Similarly, we investigate the snap-back behavior of solid cylinders subjected to finite end-stretches at fixed surface tension. To this end, the post-bifurcation analyses is challenged by the discontinuous (subcritical) characteristics of the snap-back behavior and the simulation technique further requires a path-following nonlinear solution scheme, e.g., the arc-length method. In this section, we combine our axisymmetric, surface-enriched isogeometric formulation with an arclength solver employing the load parameter of applied end-stretch, \( \lambda_L \). The path-following scheme first pinpoints the bifurcation point at what overall end-stretch the onset of instability occurs. Then, using the critical eigenvector at the onset, we use branch-switching to follow the equilibrium path [78]. Equipped with this efficient, path-following numerical scheme that can track stable-unstable states in the equilibrium path, in
what follows, we will focus on the post-instability behavior of solid P–R problem at fixed elastocapillary number $\Gamma'$.

Fig. 8A illustrates the critical curve for the Poisson’s ratio of $\nu = 0.4$ employing the quadratic-type strain energy potential. In this stability diagram, the shaded area corresponds to the unstable state, where a beading formation is observed in the post-bifurcation analysis. We present two possible scenarios. First, the points a – e in Fig. 8 correspond to the pre- and post-bifurcation behavior at constant elastocapillary number $\Gamma' = 5$. Second, the points fgh correspond to the simulation results at various elastocapillary values with fixed ends, i.e., no applied end-stretch $\lambda_L = 1$.

The deformed geometry for both scenarios are shown in Figs. 8B, 9 and 10. The colormap in Figs. 9 and 10 illustrates the normalized radial displacements $u_y/R$. The following conclusions can be drawn from the present study. As shown in Fig. 9, the amplitude of the P–R instability remain the same from b – d whereas the width of the cylinder-like beading decreases with increasing end-stretch. Eventually, the cylinder-like beading formation vanishes and a uniformly stretched cylinder is recovered (see Fig. 9e). The points a and e correspond to a homogeneous cylinder geometry and both points lie outside of the shaded area, further verifying the phase diagram shown in Fig. 8. We observe the separation of the cylinder into two distinct radii. This interesting result is attributed to a phase-separation-like behavior [69]. The phase-separated radii (into $r_{\text{max}}$ and $r_{\text{min}}$) and hence the amplitude ($a = r_{\text{max}} - r_{\text{min}}$) of the cylinder-like beading remain constant at increasing end-stretches throughout the unstable domain (shaded area in Fig. 8).

Let us now consider the second scenario, the points fgh are obtained at fixed domain length where the surface is subjected to increasing surface tension (see Fig. 10). The deformations observed clearly indicates the energetic competition between the capillary forces and the hyperelasticity. The increase in surface tension deforms the cylinder, resulting in experimentally observed cylinder-like beadings. This geometry is also referred to as cylinders-on-a-string (COAS) formations [68]. At vanishing shear modulus, e.g., the case of liquids, we expect the bulge to resemble a spherical bead due to dominating surface tension.
The results of this investigation demonstrate a wide tunability of solid P–R instability characteristics (onset, amplitude, and width), achieved by varying the applied end-stretch and elastocapillary number \( \Gamma \). Note that \( \Gamma \) can be altered by exclusively varying the surface tension \( \gamma \), the shear modulus \( \mu \) of the material, and the initial radius \( R \) of the cylinder. The material behavior, in particular the type of the strain energy function, also plays a role in further enriching the tunability of P–R characteristics. Although both strain energy types investigated displayed qualitatively similar results (omitted for the sake of conciseness), the results obtained differed quantitatively in the compressible regime.

Next, we demonstrate the effect of different compressible strain energies on the instability characteristics, specifically using the quadratic- and logarithmic-type functions in Fig. 11.

Fig. 11AB illustrates the change in maximum and minimum radii of the cylinder undergoing shape changes due to P–R instability for the quadratic-type and logarithmic-type strain energies, respectively. A non-monotonic behavior in applied stretch \( \lambda_L \) is observed where, at times, the stretch is reversed and the domain is compressed so as to follow the loading path. Hence, we expect, in experiments and dynamic solutions, the amplitude of the P–R waves will snap to a finite value in an instance. The non-monotonicity in loading is permitted in a path-following solution scheme. Interested readers can refer to [78,79] and the references therein. Notice that a displacement-controlled solution strategy, in lieu of using the path-following scheme, is likely to lose numerical convergence just after the onset and therefore fail to simulate this complex behavior. The loading paths, tracking the transient formation of P–R instability, are illustrated for the logarithmic-(Fig. 11A) and quadratic-type (Fig. 11B) functional at a fixed elastocapillary number \( \Gamma = 5 \) for the Poisson’s ratio \( \nu = 0.4 \). In our simulations, we first apply a pre-stretch of \( \lambda_L = 0.6 \) to the cylinder and later on the surface tension is linearly increased to \( \Gamma = 5 \) on the boundary. In Fig. 11AB, the arc-length load parameter \( \lambda_L \) monotonically increases until the first critical point (**) at state i. At this singularity point, the critical eigenvector shown in Fig. 7B, corresponding to the zero eigenvalue within machine precision, favors deforming the cylinder non-uniformly in the lateral direction. Hence, a secondary path branches off the primary path (shown in gray-dashed line in Fig. 11A) at this critical point, resulting in an axisymmetric bulging deformations. The primary path, corresponding to the uniform extension of the cylinder, becomes less favorable energetically. The path-following algorithm switches to the secondary, yet still unstable state (dotted line), which is energetically preferred. Proceeding the first critical point (**), the deformations snap-back at a minimum \( \lambda_L \) (***) at state ii and undergo a large amplitude growth forming a cylinder-like beading. Beyond this point, the path becomes stable and, surprisingly, the maximum and minimum radii remain roughly constant even though the overall stretch is increasing. Finally, the P–R instability eventually disappears when the applied stretch is large enough. Another snap-back behavior is observed between states iii and iv. At state iv (***), a uniformly stretched cylinder is recovered. Further increase in stretch contracts the radius of the cylinder without any bulging. The most interesting finding in Fig. 11 is that there is an interval of applied end-stretches where two states, i.e., a uniformly stretched cylinder and a beaded cylinder, coexist. Closer inspection of this figure reveals that the main deformations into cylinder-like bead formation take place during the snap-back portions. This behavior is associated with subcritical behaviors and it is known that such instabilities are highly sensitive to imperfections. Preexisting defects are expected to change the bifurcation-type instability into a limit-point instability, which can be efficiently tracked using the developed arclength method. A detailed study of defect-sensitivity of elastic P–R instability is interesting and it will be presented in a separate work. For the sake of conciseness, we restrict ourselves only to the homogeneous cylinder with perfect geometry.

Fig. 11C illustrates the evolution of amplitude \( a \) calculated using \( \alpha = r_{\text{max}} - r_{\text{min}} \) for various \( \Gamma \) values. The larger the elastocapillary number \( \Gamma \), the larger the amplitude grows during P–R
instability. Unique to solid P–R problem, the amplitude remain constant between states ⋆ and ⋀. These states are located exactly on the critical curve presented earlier in Fig. 9 for quadratic-type strain energy and ν = 0.4. Fig. 11D illustrates these critical points ⋁ and the limit of snap-back behaviors (⋆) for both strain energy types. The bifurcation points ⋁ lie exactly on the critical curves whereas the limit points are outside the unstable region. Hence, we expect a premature onset or delayed disappearance under large end-stretches for the P–R in solid cylinders due to this metastable region. Notice that, as the elastocapillary number increases, the gap between the bifurcation and snap-back limit points increases. Closer to the minimum critical Γ, this gap is further reduced, i.e., snap-back behaviors with smaller intervals of unstable states are observed.

4. Conclusion

A slender solid cylinder subjected to surface tension on the boundary snaps into cylinder-like-beaded pattern due to an elastocapillary instability, i.e., the solid Plateau–Rayleigh instability. While a column of liquid breaks into spherical beads to minimize its overall surface area, the bulk elasticity resist the surface forces in solid cylinders. For surface stresses to deform the bulk, either the surface must be abundant or the bulk stiffness must be small enough to lead to an elastocapillary length \( l_c = \gamma / \mu \) on the same order as the structural feature size. For thin fibers with shear modulus ~ 10 Pa, the surface effects should be considered for radii of O(1 mm). To model surface stresses at such scales for soft fibers, we have implemented a surface-enriched isogeometric finite element framework at finite strains. A generic, formulation based on kinematic-energetic coupling is presented for compressible hyperelastic materials with boundaries in tension. Our framework is also capable of tracking structural stability and perform post-bifurcation analysis under complex, non-monotonic loads. This study has shown that material compressibility has significant effects on the onset and amplitude growth of the solid P–R patterns. In particular, both the Poisson’s ratio and the form of volumetric strain energy have an influence. We quantified the compressible P–R instability characteristics comparing the two common type of compressible strain energies over a range of Poisson’s ratios. Using a nonlinear path-following solution technique, we tracked the full equilibrium path including stable and unstable states. After the onset, under increasing stretch the radii at both ends of the cylinder remained constant with a short transition region. In potential experiments, we expect hysteresis in the loading and unloading path due to existence of metastable regions. The presented axisymmetric elastocapillary formulation proves to be an efficient and generic tool to study elastocapillary instabilities in polymeric soft solids. Our next immediate plan is to extend the current formulation to account for flexural resistance of the surface which is expected to introduce a bending length scale and regularize the P–R patterns.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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