



PAPER

Patient's body composition can significantly affect RF power deposition in the tissue around DBS implants: ramifications for lead management strategies and MRI field-shaping techniques

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Abstract

Patients with active implants such as deep brain stimulation (DBS) devices have limited access to magnetic resonance imaging (MRI) due to risks associated with RF heating of implants in MRI environment. With an aging population and increased prevalence of neurodegenerative disease, the indication for MRI exams in patients with such implants increases as well. In response to this growing need, many groups have investigated strategies to mitigate RF heating of DBS implants during MRI. These efforts fall into two main categories: MRI field-shaping methods, where the electric field of the MRI RF coil is modified to reduce the interaction with implanted leads, and lead management techniques where surgical modifications in the trajectory reduces the coupling with RF fields. Studies that characterize these techniques, however, have relied either on simulations with homogenous body models, or experiments with box-shaped single-material phantoms. It is well established, however, that the shape and heterogeneity of human body affects the distribution of RF electric fields, which by proxy, alters the heating of an implant inside the body. In this contribution, we applied numerical simulations and phantom experiments to examine the degree to which variations in patient's body composition affects RF power deposition. We then assessed effectiveness of RF-heating mitigation strategies under variant patient body compositions. Our results demonstrated that patient's body composition substantially alters RF power deposition in the tissue around implanted leads. However, both techniques based on MRI field-shaping and DBS lead management performed well under variant body types.

1. Introduction

More than 12 million people in the United States are presently carrying a form of conductive medical implant such as cardiac pacemakers or neuromodulation devices (Philips). It is estimated that 50%–75% of these patients will need magnetic resonance imaging (MRI) exams during their lifetime (Kalin and Stanton 2005), with many patients requiring repeated examination (Naehle *et al* 2009). The major risk of performing MRI on patients with electronic implants is due to the radiofrequency (RF) heating of the tissue surrounding the implant's tip, a phenomenon commonly known as the antenna effect (Yeung *et al* 2001, Park *et al* 2007, Bhusal *et al* 2018). In cases such as deep brain stimulation (DBS) devices where leads are implanted in sensitive organs as the brain, highly restrictive guidelines are in place to safeguard patients, limiting MRI accessibility. DBS manufacturers for instance, have limited use of MRI to 1.5 T horizontal scanners, and only with pulse sequences that generate whole-head specific absorption rate (SAR) of RF energy less than 0.1 W kg^{-1} (30 times below the

FDA limit for scanning in the absence of implants) or the magnetic field $B_1^+ \text{rms} \leq 2 \mu\text{T}$ (Medtronic 2015, St Jude Medical 2018, Boston Scientific 2019). Complying with these guidelines has proven to be difficult. For example, a typical stroke MRI protocol consists of T2/FLAIR, perfusion images and MR angiography (Wintermark *et al* 2008). These sequences have SAR and B_1 levels well beyond what is allowed in patients with DBS implants. The situation is even more problematic within the context of musculoskeletal (MSK) imaging, for which the prescribed sequences have SAR levels already approaching the FDA limit for scanning even in the absence of implants. Among patients with movement disorders who are prone to falls and joint injuries, MSK MRI is often indicated, leaving those with DBS implants unable to receive the standard of care.

Currently 3T MRI is contraindicated for majority of DBS patients. There are, however, strong incentives to make 3T MRI accessible for DBS imaging as it confers a much better contrast-to-noise ratio, allowing to delineate small structures surrounding DBS targets which is crucial for electrode localization (Cheng *et al* 2014). Unsurprisingly, recent years have witnessed considerable efforts to reduce RF heating of DBS implants during MRI, both through MRI hardware modification, and by modifying the implanted lead's design, material, and trajectory. From MRI hardware perspective, promising studies have shown the possibility of applying parallel transmit technology (Eryaman *et al* 2014, McElcheran *et al* 2017, 2019, Guerin *et al* 2020), and reconfigurable MRI coils (Golestanirad *et al* 2017b, 2017c, 2019b, Kazemivalipour *et al* 2019) to shape the electric field of the MRI transmit coil in each individual patient such that field interactions with DBS leads is minimized. Other efforts have focused on modifying the implant's design and material (Serano *et al* 2015, McCabe and Scott 2017, Golestanirad *et al* 2019a) or its trajectory inside the body (Golestanirad *et al* 2017a, 2019c) to reduce the coupling of implanted leads with MRI electric fields. However, these studies have either relied on simulations in homogenous body models, or experiments with box-shaped single-material phantoms. This is a limitation, as the distribution of MRI electric fields inside a sample can be substantially altered by changes in local electric properties of the sample (Alon *et al* 2016), which consequently affects RF heating of a conductive implant (Fujimoto *et al* 2018). The problem is particularly important in the context of implant heating, as a recent study with a commercial DBS device implanted in a multi-material anthropomorphic phantom reported a substantial increase in RF heating in phantoms with subcutaneous fat compared to phantoms with no fatty tissue (Bhusal *et al* 2020). This raises the concern as whether or not the promising strategies previously introduced by reconfigurable MRI coil technology and surgical lead management are applicable in patients with diverse body characteristics.

In this work, we present results of numerical simulations to investigate major concerns regarding applicability of RF coil modifications and DBS lead management strategies to reduce RF power deposition in the tissue around the DBS contacts across patients with different body types. Specifically, we aim to address three open questions that help advancing development of such techniques:

1.1. Can numerical simulations reliably predict alteration of RF power deposition due to variations in patient's body composition?

As experiments to establish safety of implants in MRI environment are expensive and time consuming (Shrivastava *et al* 2010, 2012), there are increasing efforts towards application of numerical simulations (Lattanzi *et al* 2009, Golestanirad *et al* 2012a, 2019d). A recent phantom study reported substantial variation in RF heating of DBS implants due to variation in phantom composition (Bhusal *et al* 2020). We performed numerical simulations to investigate whether these experimental observations could be replicated *in silico*, and whether more realistic body models with and without local fat around the implanted pulse generator (IPG) would show the same trend.

1.2. Are DBS lead management strategies that aim to reduce MRI heating effective in patients with diverse body types?

Introducing loops in the extracranial trajectory of DBS leads can substantially reduce RF heating during MRI as shown in simulations with homogenous head models and experiments with single-material phantoms (Baker *et al* 2005, Golestanirad *et al* 2017a). A suggested mechanism for this SAR reduction is that the voltage induced in the lead by the incident electric field of MRI scanner is canceled out along the opposite sides of the loop, leading to a smaller induced current in the lead (Golestanirad *et al* 2019c). Consequently, looping DBS leads at the surgical burrhole or on the temporal bone has been suggested and applied in clinic (Baker *et al* 2005). However, as presence of fat alters the distribution of the electric field and subsequently changes the RF heating, it is important to examine whether or not lead management strategies will be effective across different body characteristics. In this work, we report simulation results of clinically-relevant DBS lead configurations including those with extracranial loops, in body models with and without subcutaneous fat and examine the effectiveness of lead management techniques across different body types.

1.3. Are MRI hardware modification techniques based on field-shaping effective in patients with diverse body types?

In the context of MRI hardware modification for DBS imaging, reconfigurable patient-adjustable (RPA) coils have shown promise to reduce RF heating of DBS implants on a patient-specific basis (Golestanirad *et al* 2017b, Kazemivalipour *et al* 2019). The technique works by rotating a linearly-polarized (LP) birdcage transmit coil, which has a slab-like region of zero electric field, around patients head, such that implanted DBS leads are contained within the zero electric field region of the coil. To date, all studies that assessed feasibility and performance of RPA coils were performed with homogenous head models and homogenous phantoms. Here, we performed finite element simulations to quantify, for the first time, the degree to which SAR- reduction performance of an MRI reconfigurable coil is dependent on patient's body characteristics.

This work aims to set the ground for further development and dissemination of techniques that reduce RF heating of DBS implants through MRI hardware modification and surgical lead management strategies. If successful, clinical implementation of such techniques would impact patient's care in a large scale.

2. The effect of subcutaneous fat on RF heating of DBS devices during MRI with body coils

In order to assess how the presense of body fat affects the RF heating of DBS implants, we performed experiments with a commercially available DBS device (Medtronic Inc., Minneapolis, MN) implanted in an anthropomorphic phantom with and without added fat, and investigated whether a similar pattern of RF heating can be predicted by numerical simulations. Below is the description of experimental setup and simulations.

2.1. Experimental setup

An anthropomorphic phantom consisting of a human-shaped torso and skull was designed and fabricated along with grids and supporting structures that allowed DBS device to be positioned in a manner similar to the clinical practice (figure 1). The skull was filled with saline-doped agar gel ($\sigma = 0.40 \text{ S m}^{-1}$ and $\epsilon_r = 78$) and inserted into the body of the phantom which was then filled with 18 l of saline solution ($\sigma = 0.50 \text{ S m}^{-1}$ and $\epsilon_r = 78$). The saline solution fully immersed the lead-extension trajectory and the IPG was about 3 cm beneath the surface of saline. A Medtronic DBS device (Medtronic Inc., Minneapolis, MN) with a 40 cm lead (model 3387), 60 cm extension (model 3708660) and an implantable pulse generator (IPG) (Activa PC-37601) was implanted in the phantom. MR compatible flouroptic temperature probes (OSENSA, BC, Canada, resolution 0.01°C) were secured to the lead contacts (contact-0 and contact-2) and the lead-probe system was inserted into the skull through a 5 mm hole drilled on the surface. The phantom was positioned in the MRI scanner such that its head was at the iso-center of the magnet, mimicking RF exposure during brain imaging. RF heating was measured for four extracranial lead trajectories with extracranial loops at different positions as depicted in figure 1. All four trajectories followed the same path on the skull and towards the IPG, except for the variation in the loop position; therefore, any change in the heating was primarily due to the variation in the loop position. This was assured by drawing trajectory path along the skull and using a fixed support stand on the path towards the IPG. Trajectory A consisting of concentric loops at the surgical burrhole has been suggested in previous works to reduce RF heating (Baker *et al* 2005, Golestanirad *et al* 2017a). Trajectories B, C and D are representative of other relevant clinical scenarios as observed from post-operative CT images of DBS patients (Golestanirad *et al* 2019c).

RF heating measurements were performed at a Siemens 3 T Prisma scanner (Siemens Healthineers, Erlangen, Germany), using body transmit coil and a 20-channel receive head coil. A T_1 -weighted turbo spin echo sequence with $TE = 7.5 \text{ ms}$, $TR = 1450 \text{ ms}$, flip angle $= 150^\circ$, $B_1^+ \text{ rms} = 2.8 \mu\text{T}$ and acquisition time of 7 min 31 s was used during RF exposure. Experiments were repeated by replacing 7 l of saline by the same amount of vegetable oil which created a 3 cm layer of fat on top of the saline solution, mimicking presence of subcutaneous fat. The amount of oil was chosen such that the upper surface of the IPG as well as the extension trajectory around the IPG could be covered in oil.

2.2. Simulations

2.2.1. Models mimicking phantom experiments

To investigate how variations in the distribution of electromagnetic fields due to presence of fat contribute to the changes observed in the RF heating we replicated the experimental setup in finite element simulations. Simulations were implemented in ANSYS Electronic Desktop 2019 (ANSYS, Canonsburg, Pennsylvania, USA), following a combined finite element-circuit analysis approach (Kozlov and Turner 2009). The simulated phantom consisted of models of the brain, skull, and body similar to the experimental phantom, with all tissues assigned to the same dielectric properties as measured in the experiments and reported above. Four DBS lead trajectories mimicking experimental setup were created as illustrated in figure 1. For this, we used

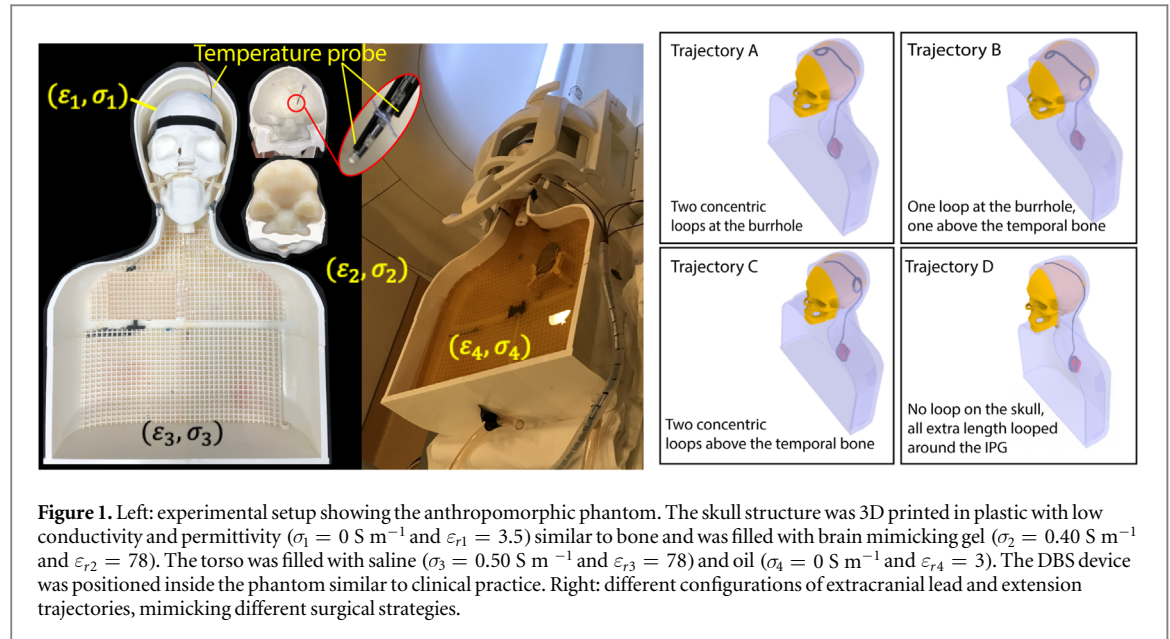


Figure 1. Left: experimental setup showing the anthropomorphic phantom. The skull structure was 3D printed in plastic with low conductivity and permittivity ($\sigma_1 = 0 \text{ S m}^{-1}$ and $\epsilon_{r1} = 3.5$) similar to bone and was filled with brain mimicking gel ($\sigma_2 = 0.40 \text{ S m}^{-1}$ and $\epsilon_{r2} = 78$). The torso was filled with saline ($\sigma_3 = 0.50 \text{ S m}^{-1}$ and $\epsilon_{r3} = 78$) and oil ($\sigma_4 = 0 \text{ S m}^{-1}$ and $\epsilon_{r4} = 3$). The DBS device was positioned inside the phantom similar to clinical practice. Right: different configurations of extracranial lead and extension trajectories, mimicking different surgical strategies.

computer-aided design tool (Rhino 6.0, Robert McNeal & Associates, Seattle, WI) to draw trajectory curves along the skull, resembling the path in experiments. We then added the loops along the path at different locations same as in experiment to create the four different trajectories. The curves were imported into ANSYS HFSS and piped to create the model of the lead and insulation. MRI RF coil was modeled as a 16-rug high-pass birdcage (67 cm length 61 cm diameter), tuned at 127 MHz (3 T), and driven in quadrature through two signal sources placed at the end ring on patient's head side. Details of the coil geometry and tuning capacitors are given elsewhere (Nguyen *et al* 2020). The input power of the coil was adjusted such that it produced a mean $B_1^+ = 2.8 \mu\text{T}$ on a circular plane at its iso-center, similar to the B_1^+ reported by the scanner during RF exposure experiments. The maximum of 1g-averaged SAR was calculated around the tip of DBS leads for each scenario to be compared with experimental results. All simulations were performed twice, once with a phantom without the fat, and a second time with a layer of fat covering the surface of phantom's body similar to the experimental setup.

2.2.2. Realistic body model

It is important to note that in reality, overweight patients have increased amount of local subcutaneous fat mostly in the chest area surrounding the IPG. This is different from our experimental setup, where the oil layer fully covered the surface of phantom's body. To examine if a similar trend in variation of RF heating was present in a case that represented human body more realistically, we also performed simulations with a human-shaped heterogeneous body model consisting of average tissue ($\sigma = 0.47 \text{ S m}^{-1}$ and $\epsilon_r = 78$), Bone ($\sigma = 0.07 \text{ S m}^{-1}$ and $\epsilon_r = 15$), brain tissue ($\sigma = 0.40 \text{ S m}^{-1}$ and $\epsilon_r = 78$), muscle tissue ($\sigma = 0.70 \text{ S m}^{-1}$ and $\epsilon_r = 64$), lungs ($\sigma = 0.31 \text{ S m}^{-1}$ and $\epsilon_r = 30$), cartilage ($\sigma = 0.48 \text{ S m}^{-1}$ and $\epsilon_r = 53$), internal air ($\sigma = 0 \text{ S m}^{-1}$ and $\epsilon_r = 1$), and with and without a block of local fat ($\sigma = 0.04 \text{ S m}^{-1}$ and $\epsilon_r = 6$) covering the upper face of the IPG and initial segments of the extension as demonstrated in figure 2(B). The fat block was morphed to fit the shape of pectoral region and had maximum thickness of 2 cm.

2.2.3. Numerical convergence

The initial mesh was set such that maximum element size was $<2 \text{ mm}$ for the lead, $<4 \text{ mm}$ for the insulation, $<5 \text{ mm}$ for IPG, $<10 \text{ mm}$ for the coil, $<20 \text{ mm}$ for brain, body, and coil shield, and $<10 \text{ mm}$ for local fat and skull. ANSYS HFSS follows an adaptive mesh scheme with successive refinement of an initial mesh between iterative passes. At each adaptive pass, scattering parameters (S-parameters) are evaluated at each port, and compared to the previous pass. The change in magnitude of the S-parameters between two consecutive passes is called 'delta S'. The maximum delta S is defined as $\text{Max}_{ij} |S_{ij}^N - S_{ij}^{N-1}|$, where i and j cover all ports and N represents the number of iterative pass. Simulations were considered to be converged when the maximum delta S fell below a set threshold of 0.02. All simulations converged with 2–4 adaptive passes. The convergence of absorbed RF power density was verified by measuring local SAR (calculated as $\frac{\sigma |E|^2}{\rho}$) as well as maximum 1g averaged SAR for trajectory C with different convergence thresholds as shown in table 2. Both local as well as 1g averaged SAR changed by less than 1%. Total time taken for each simulation was about two and half hours on a

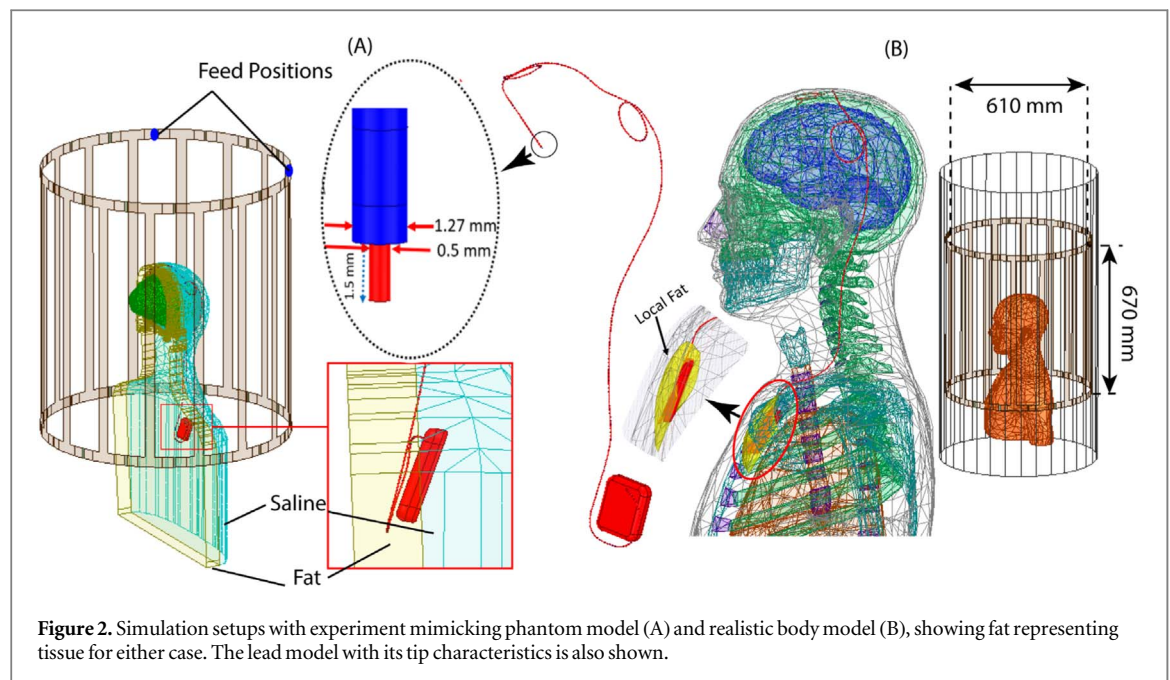


Figure 2. Simulation setups with experiment mimicking phantom model (A) and realistic body model (B), showing fat representing tissue for either case. The lead model with its tip characteristics is also shown.

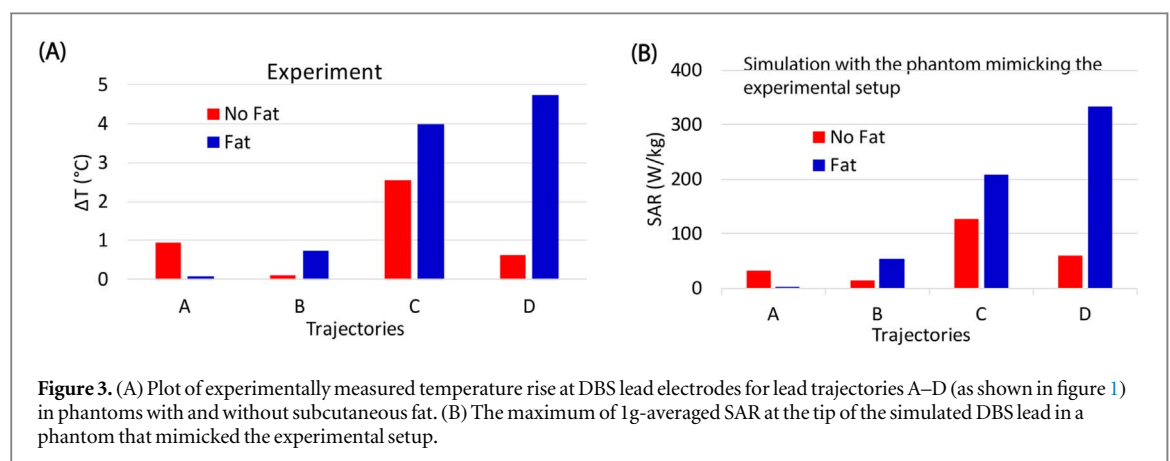


Figure 3. (A) Plot of experimentally measured temperature rise at DBS lead electrodes for lead trajectories A–D (as shown in figure 1) in phantoms with and without subcutaneous fat. (B) The maximum of 1g-averaged SAR at the tip of the simulated DBS lead in a phantom that mimicked the experimental setup.

Table 1. Mesh statistics for a simulation with experiment mimicking phantom with trajectory D and no. fat tissue.

Parts	No. of tetrahedrons	Min. edge length (mm)	Max. edge length (mm)	Rms edge length (mm)
Lead	44 827	0.06	1.99	0.82
Insulation	85 860	0.06	2.15	1.05
Brain	30 716	0.11	27.05	11
Skull	79 414	0.2	12.2	7.63
SAR box	41 704	0.04	2.41	1.57
Body	144 681	0.1	25.17	14.47

DELL server with 1.5 TB memory and 2_Xenon(R) Gold 6140 CPUs each having 32 processing cores. Table 1 shows mesh statistics for a typical simulation.

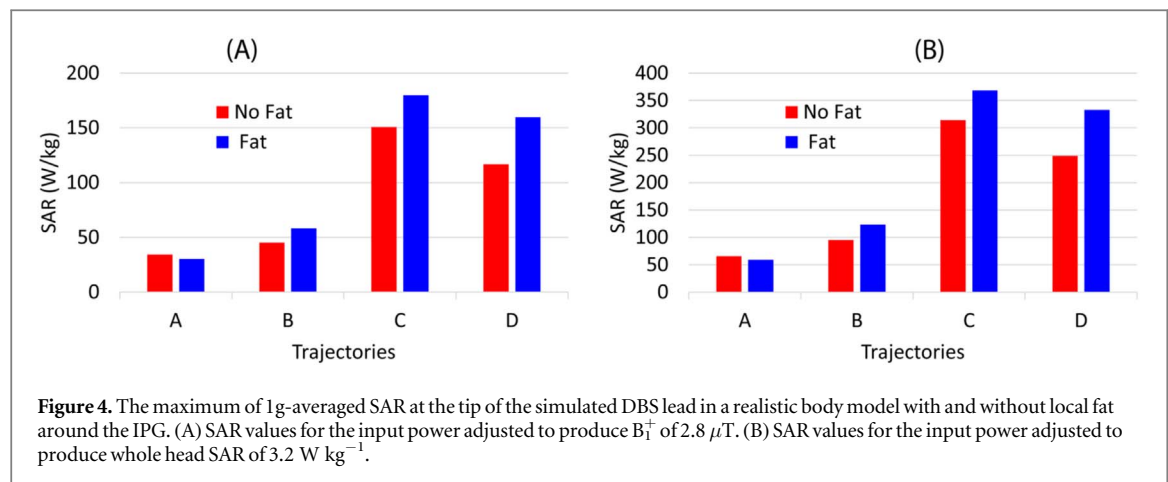


Figure 4. The maximum of 1g-averaged SAR at the tip of the simulated DBS lead in a realistic body model with and without local fat around the IPG. (A) SAR values for the input power adjusted to produce B_1^+ of $2.8 \mu\text{T}$. (B) SAR values for the input power adjusted to produce whole head SAR of 3.2 W kg^{-1} .

Table 2. Local and 1g averaged MaxSAR values for trajectory C without fat, with different convergence thresholds.

Convergence criteria (Max_ΔS)	No. of adaptive passes completed	MaxSAR1g (W kg^{-1})	MaxSAR_local (W kg^{-1})
0.02	2	76.86	$1.54\text{E} + 05$
0.007	3	77.31	$1.55\text{E} + 05$
0.001	5	76.13	$1.52\text{E} + 05$

2.2.4. Simulation versus experimental results

Figure 3(A) shows the temperature rise ΔT measured at the tip of the DBS lead during RF exposure experiments with different lead trajectories of figure 1 in phantoms with and without subcutaneous fat. Figure 3(B) gives the numerical results for the maximum 1gSAR in simulations that mimicked the experimental phantom setup. As it can be observed, the effect of variation in phantom composition and lead trajectories on ΔT is well reflected in SAR simulations. Specifically, for the worst-case heating scenario (trajectory D), the presence of fat increased the measured ΔT by 7-fold (from 0.61°C to 4.70°C) and the calculated 1gSAR by 6-fold (from 29.7 to 169.4 W kg^{-1}).

Simulations with the realistic body model with and without local fat around the IPG predicted a similar trend in variation of RF heating due to presence of fat (figure 4). Specifically, for lead trajectories with highest heating (trajectories D and C) the addition of local fat around the IPG increased the 1gSAR at the electrode tip by 37%, and 19% respectively, predicting the same trend observed in the experiments.

2.2.5. Why presence of fat changes RF heating? Insights from RF field distribution

RF heating of an implant is known to be highly affected by the background electric field of the MRI scanner (Nordbeck *et al* 2008). To assess how the distribution of the background electric field was varied due to changes in the phantom composition, we performed simulations in phantoms with and without fat, in the absence of the implant. Figure 5(A) shows simulated maps of the magnitude of incident electric field on three coronal planes in the phantoms at 17 mm below, 3 mm above, and 23 mm above the fat-saline interface (the implant is shown only for visualization and was not included in simulations). The distribution of B_1^+ field is also given on the plane that was 3 mm above the fat-saline interface (plane 2) in figure 5(B). As it can be observed, the electric field magnitude was substantially higher on planes that pass through the fat layer, even though the B_1^+ field remained relatively unchanged. Consequently, lead trajectories that pass through fatty tissue will be exposed to a higher electric field resulting in higher induced currents, even though they experience the same B_1^+ magnitude. This can be better appreciated from figure 5(D) where the peak value of the tangential component of the incident electric field, E_{tan} , is shown along the lead trajectory D. On average, the magnitude of E_{tan} along the last 40 cm of the extension (the portion starting from the IPG) was 2.5 times higher in the phantom with additional fat than in phantom with only saline. Such increased incident electric field can lead to increased induced current along the DBS lead if the induced currents from this segment add up in phase to the currents from other segments, resulting in increased RF heating, as theoretically predicted by the concept of lead transfer function (Park *et al* 2007, Feng *et al* 2014, Nyenhuis *et al* 2015). Additionally, the presence of fatty tissue (low permittivity) can alter the resonance length of current along the leads which may change the RF heating at lead contacts.

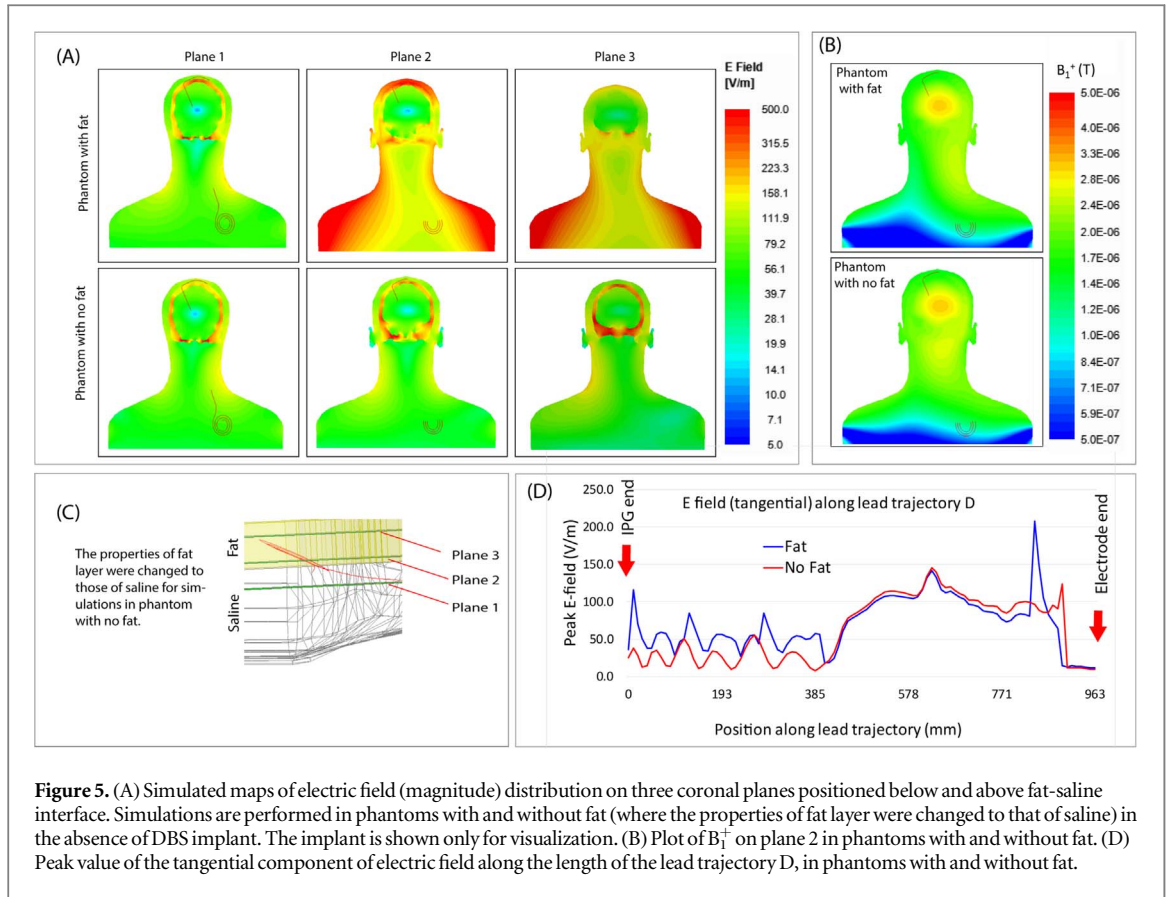


Figure 5. (A) Simulated maps of electric field (magnitude) distribution on three coronal planes positioned below and above fat-saline interface. Simulations are performed in phantoms with and without fat (where the properties of fat layer were changed to that of saline) in the absence of DBS implant. The implant is shown only for visualization. (B) Plot of B_1^+ on plane 2 in phantoms with and without fat. (D) Peak value of the tangential component of electric field along the length of the lead trajectory D, in phantoms with and without fat.

3. The effect of subcutaneous fat on the RF heating of DBS devices during MRI with head coils: application to the RPA coil technology

The RPA coil technology has been recently introduced to reduce RF heating of DBS implants by rotating a linearly polarized birdcage transmit coil around patient's head such that the implant could be contained within the low electric field region of the coil (Golestanirad *et al* 2017b, 2019b, Kazemivalipour *et al* 2019). This reduces induced electric currents on the leads, which in turn reduces RF heating. To date, simulation studies and experimental measurements that characterized the performance of RPA technology have only used homogenous head or body models. Here we investigated the performance of a 3 T RPA coil in reducing RF heating of fully implanted DBS systems, and examined if increased amount of subcutaneous fat around the IPG would affect the SAR-reduction efficiency of the coil.

3.1. Simulations

We performed finite element simulations with a model of a shielded high-pass birdcage head transmit coil (16-rung, 23.6 cm length, 30.6 cm diameter), tuned to 127 MHz (3 T), and driven in linear mode by a single sinusoidal source placed at one of the end rings. The coil was rotated around the head of the heterogeneous body model of figure 2 with 11.25° increments to cover a full circle (figure 5). The maximum of 1g-averaged SAR was calculated around the tip of the leads for trajectories A–D implanted in body models with and without local fat around the IPG. Simulations were repeated by replacing the linearly polarized birdcage head coil with the birdcage body coil of section 2 driven in quadrature mode (circular polarization) for calculation of SAR reduction efficiency (SRE). For all simulations, the input power of the body and the RPA coils were adjusted to produce mean $B_1^+ = 2 \mu\text{T}$ on an axial plane passing through center of the coil. The maximum SRE of the RPA coil was quantified as:

$$\text{SRE}_{\max} = 100 \times \frac{(\text{SAR}_{\text{CP}} - \text{SAR}_{\text{LP}}(\theta_{\text{opt}}))}{\text{SAR}_{\text{CP}}},$$

where SAR_{CP} is the maximum of 1g-averaged SAR around the DBS lead generated by the CP body coil, θ_{opt} is the optimum angle of the RPA coil that maximally reduces the SAR, and $\text{SAR}_{\text{LP}}(\theta_{\text{opt}})$ is the maximum of 1g-averaged SAR when the RPA coil is positioned at its optimal angle.

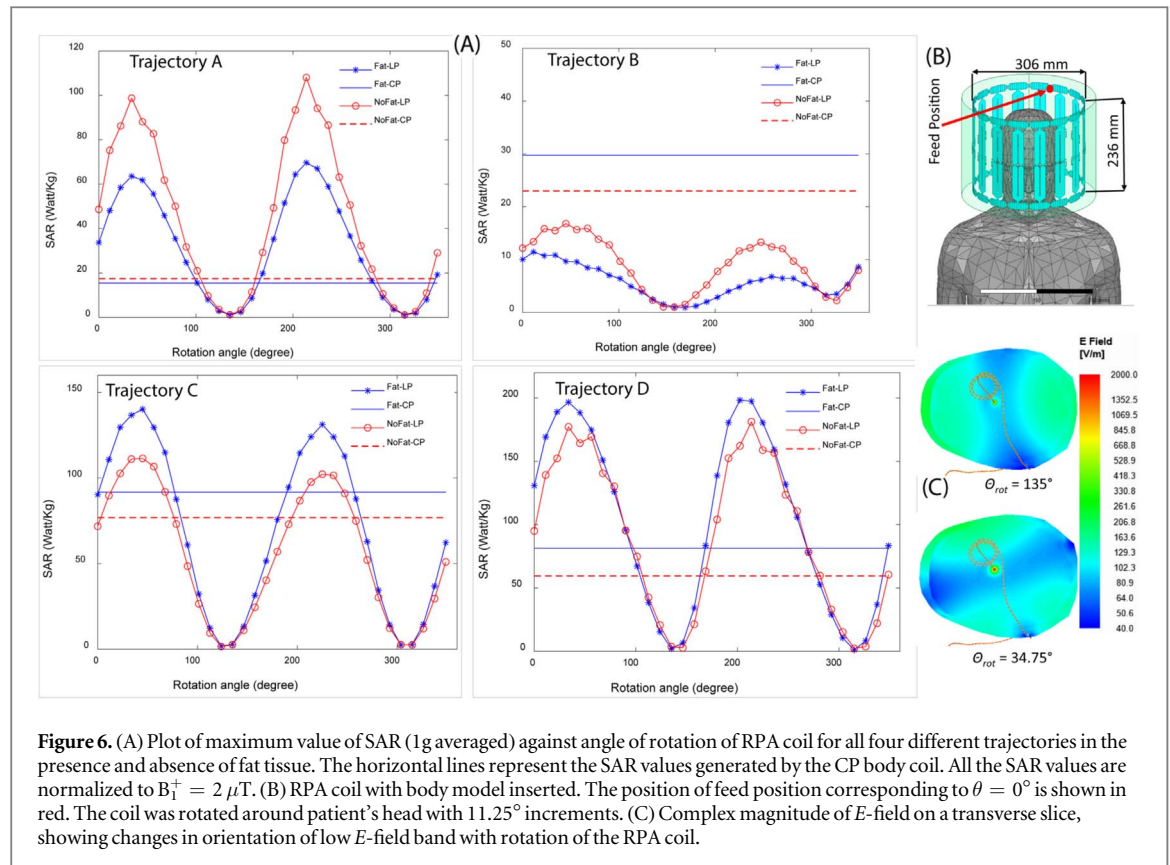


Figure 6. (A) Plot of maximum value of SAR (1g averaged) against angle of rotation of RPA coil for all four different trajectories in the presence and absence of fat tissue. The horizontal lines represent the SAR values generated by the CP body coil. All the SAR values are normalized to $B_1^+ = 2 \mu\text{T}$. (B) RPA coil with body model inserted. The position of feed position corresponding to $\theta = 0^\circ$ is shown in red. The coil was rotated around patient's head with 11.25° increments. (C) Complex magnitude of E -field on a transverse slice, showing changes in orientation of low E -field band with rotation of the RPA coil.

Table 3. SAR reduction efficiencies for different trajectories with and without the chest fat.

Trajectories		θ_{opt}	SAR_{LP} (W kg^{-1})	SAR_{CP} (W kg^{-1})	SRE
A	Fat	135	1.2	15.5	92
	No fat	135	1.2	17.5	93
B	Fat	157	1	29.7	96
	No fat	157	1	23	95
C	Fat	124	1.8	91.7	98
	No fat	124	1.5	76.9	98
D	Fat	135	2.2	81.4	97
	No fat	135	3.7	59.6	93

3.2. Results

Figure 6(A) gives the maximum of 1g-averaged SAR at the tip of the lead as a function of RPA coil's angle for different lead trajectories implanted in body models with and without local fat around the IPG. The maximum of 1g-averaged SAR generated by the CP body coil is also given for comparison. As it can be observed, for all four trajectories the SAR generated by the RPA coil at its optimum rotation angle was significantly lower than the SAR generated by the body coil, irrespective of the presence or absence of fatty tissue. Additionally, the optimum angle for SAR reduction remained relatively unchanged by the inclusion of fatty tissue for all trajectories. Figure 6(C) gives the distribution of E field for two positions of the RPA coil corresponding to maximum and minimum SAR. SAR values for trajectories A–D for different coil rotation angles with and without fat are given in supplementary file S1 (available online at stacks.iop.org/PMB/66/015008/mmedia).

The SAR reduction efficiencies of the RPA coil for different lead trajectories implanted in the body model with and without fatty tissue are given in table 3. As the table indicates, the SRE of more than 90% was achieved using the RPA coil technology compared to the birdcage body coil irrespective of presence of fat.

Finally, we examined the performance of the RPA coil in terms of B_1^+ inhomogeneity by calculating the ratio of the standard deviation and mean of B_1^+ on a transverse plane inside the head located 4 cm above the coil's iso-center (figure 7(A)) as:

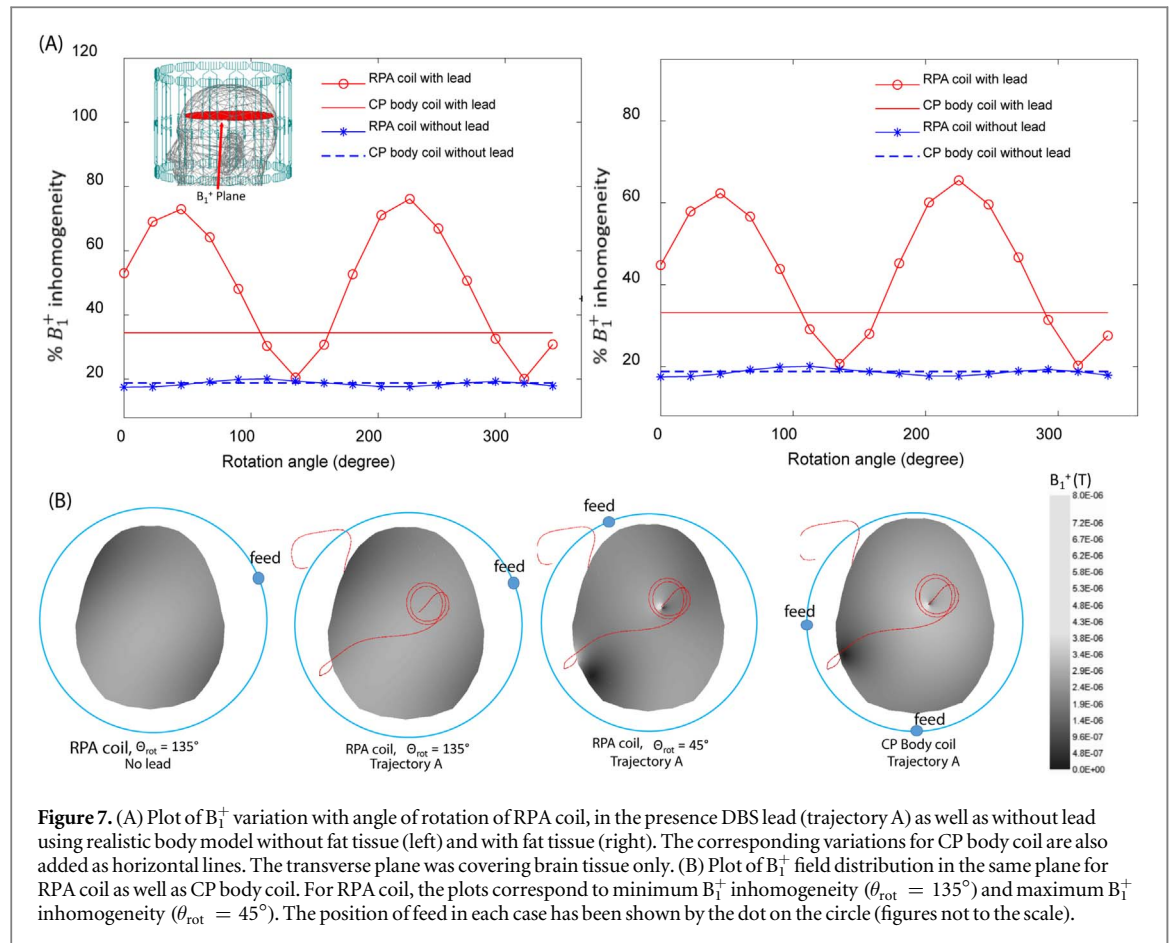


Figure 7. (A) Plot of B_1^+ variation with angle of rotation of RPA coil, in the presence DBS lead (trajectory A) as well as without lead using realistic body model without fat tissue (left) and with fat tissue (right). The corresponding variations for CP body coil are also added as horizontal lines. The transverse plane was covering brain tissue only. (B) Plot of B_1^+ field distribution in the same plane for RPA coil as well as CP body coil. For RPA coil, the plots correspond to minimum B_1^+ inhomogeneity ($\theta_{rot} = 135^\circ$) and maximum B_1^+ inhomogeneity ($\theta_{rot} = 45^\circ$). The position of feed in each case has been shown by the dot on the circle (figures not to the scale).

$$\%B_1^+ \text{ Inhomogeneity} = 100 \times \frac{\text{Standard Deviation in } B_1^+}{\text{Mean } B_1^+}.$$

Figure 7(A) shows the plots of B_1^+ inhomogeneity for lead trajectory A, implanted in the realistic body model with and without fat tissue using both RPA coil and the CP body coil. Reference values for B_1^+ inhomogeneity in the absence of the implant are also included for comparison. The B_1^+ field of an empty LP birdcage coil is highly uniform, however, this changes when the coil is loaded with a human head (Jin and Chen 1997). Field inhomogeneity inside the head will be specifically affected by the location of the linear feed with respect to the head. From figure 7, the maximum B_1^+ inhomogeneity in the head in the absence of the implant was 20.1% for the RPA coil (compared to 18.8% for CP body coil), which occurred when the linear feed was located in front of right ear. The field inhomogeneity was, however, reduced to 17.5% when the linear feed was located 22.5° left of nose.

Presence of metallic implants can worsen the B_1^+ field inhomogeneity, as the induced RF currents along the implant generate secondary magnetic fields, thus distorting the original field distribution (Camacho *et al* 1995, Lauer *et al* 2005). Plots in figure 7(A) clearly show that the variation of B_1^+ field inhomogeneity with rotation of RPA coil, in the presence of implant, follows the same trend as the RF heating, with minima and maxima positions coinciding with the SAR minima and maxima (figure 6). Additionally, at optimal position, the B_1^+ field inhomogeneity for RPA coil is reduced below the corresponding level for CP body coil, with as much as 40% improvement in field inhomogeneity in the phantom without fat and 38% improvement in the phantom with fat. From figure 7(B) it is observed that B_1^+ field distortion due to presence of implant is minimized when the RPA coil is at its optimal position. For higher heating cases, significant B_1^+ distortion is produced not only by the intracranial part of the DBS lead, but also by the extracranial portions of the lead and extension. The results are consistent with earlier studies involving variation of RF heating and B_1^+ field inhomogeneity/image artifacts (Boutet *et al* 2019, McElcheran *et al* 2019).

4. Discussion and conclusion

Patients with DBS devices can reap much benefit from MRI if their eligibility for MRI is extended to a wider range of sequences at 1.5 T as well as to higher field strengths beyond the restrictions imposed by current

guidelines. As the primary concern for contraindication is risks associated with RF heating, techniques for mitigating such heating can pave the way towards allowing use of 3 T MRI for DBS imaging. Due to high degree of complexity of RF heating phenomena, the results of studies using simplified homogenous models might not provide enough confidence on patient's safety and more contributions incorporating complexity of body tissues are warranted. This study, using experimental measurements as well as numerical simulation, has provided evidence that patient's body composition substantially affects RF heating of DBS devices during MRI. A more important upshot of this work, however, is that it affirms that risk mitigation strategies based on reconfigurable coil technology and DBS surgical lead management are still effective during 3 T MRI, even with variant patient's body compositions.

In the past few years, numerical simulations have been increasingly used to assess safety of medical devices and imaging instruments (Golestanirad *et al* 2012a, 2012b, Navarro de Lara *et al* 2020). An important aspect of such practice is to validate simulations against measurements whenever possible, in order to provide confidence in future predictions of such models. Here we show that numerical simulations agree well with experiments in predicting the effect of modification in device configuration as well as patient's body composition on RF heating of DBS implants. Addition of fatty tissue substantially altered the RF heating in simulations, which was in line with what was observed in our experimental setup. Simulations with body models that more realistically resembled human subjects predicted similar trend in variation in RF heating.

The alteration of RF heating at the tip of a DBS implant due to presence of local fat around the IPG might be due to two possible effects. Firstly, the local distribution of incident electric field of MRI scanner will be altered in and in close vicinity of the fat which has low permittivity and conductivity compared to surrounding tissue (Alon *et al* 2016). This can in turn change the coupling of electric field with the portion of the lead/extension that is inside or close to the fatty tissue. Secondly, the presence of low permittivity fat will change the wavelength of RF fields surrounding the leads which can result in shifts in antenna resonance lengths (Nyenhuis *et al* 2005, Acikel and Atalar 2011). The substantial alteration of heating patterns due to presence of fat highlights the importance of considering body complexity in RF heating evaluations for implants during MRI.

Another important observation, confirmed with both simulations and measurements, was that lead trajectories with loops positioned at the surgical burr hole, or loops positioned both at the burr hole and toward the temporal bone, maximally reduced the RF heating for both cases with and without inclusion of fat. This suggests that lead management strategies are resilient to variations in patient's body characteristics. It is worthy to note, however, the trajectories with loops placed at the burr hole are easier to implement surgically than the others.

In the context of MRI hardware modification, the performance of the RPA coil technology has not been tested on fully implanted DBS systems using patient models with variant body compositions. Here we showed that when positioned at its optimal angle, RPA coil consistently reduced RF heating compared to the CP body coil for all trajectories irrespective of inclusion or exclusion of fatty tissue. More importantly, the optimal angle for a particular trajectory was relatively unchanged for different body compositions. These findings indicate that effect of patient's characteristics on the optimal rotation angle of the coil is small or negligible, although more study is required to draw definitive conclusions on the degree of coil sensitivity to body characteristics. The RPA coil comes with additional benefit of reducing B_1^+ inhomogeneity which is generated by induced current in implanted leads. When positioned at optimal rotation angle for SAR minimization, the induced currents along the lead are also minimized resulting into concurrent reduction in the B_1^+ field distortion. Such inhomogeneity is the source of the well-known non-susceptibility image artifact around elongated implants (Camacho *et al* 1995).

Though this study includes tissue heterogeneity by including brain, skull and fat, it does not account for the heterogeneity inside the brain tissue, which can be a subject of further evaluation. Furthermore, representation of fatty tissue in this study has been quite simplified, using either a surface layer or a block of tissue around IPG. Using virtual population models that incorporate a wide distribution of fat can provide additional insight in the future. In this study, the DBS model in the numerical simulations has been represented by a simplified insulated wire with single wire core. However, a head-to-head comparison between simplified versus realistic wire models implanted in heterogeneous body models and routed around different trajectories remains to be done. In addition, the results presented here are based on one model of DBS device (Medtronic, lead 3387, extension 3708660). Further study is required to draw conclusions for a wider range of DBS implant models being used in current practices.

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